



# 2017 Lady Bowmen Hoop Camp

July 10-13, 2017

- Group I (3<sup>rd</sup> and 4<sup>th</sup> graders\*) 9:00am – 11:30am
- Group II (5<sup>th</sup> and 6<sup>th</sup> graders\*) 9:00am – 11:30pm
- Group III (7<sup>th</sup> – 9<sup>th</sup> graders\*) 12:00pm – 3:00pm

\*Grade level based on 2017-2018 school year

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## Camp Information

The Lady Bowmen Hoop Camp is dedicated to creating a positive basketball experience for your daughter while at the same time focusing on basketball skill development. Players will be exposed to drills that will help them develop their games and gain in self confidence. This camp will focus on individual skills such as ball handling, shooting and footwork. We will also have team contests, games and awards.

## Camp Location

Sherwood High School  
16956 SW Meinecke Rd, Sherwood, OR 97140

## Staff

- Wes Pappas (Head Varsity Coach –Sherwood High School)
- Lindsay Hofer (Varsity Assistant - Sherwood High School)
- Lauren Howard (Varsity Assistant - Sherwood High School)
- Mark Myrick (JV Coach - Sherwood High School)
- Current Varsity Players from Sherwood HS

## Cost

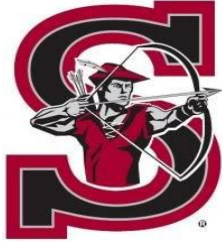
- Grades 3<sup>rd</sup> – 6<sup>th</sup> - \$75
- Grades 7<sup>th</sup> – 9<sup>th</sup> - \$85

*\*All participants will receive a camp T-shirt*

## What to Bring

- Athletic shoes & clothing
- Basketball (If you have one)
- Water bottle
- **A Great Attitude!**

**Limits:** To ensure a favorable ratio of players to instructors this camp is limited in the number of participants. Pre-registration is generally necessary. However, registration may be available the door.



## 2017 Lady Bowmen Hoop Camp Registration Form

<b>Name</b>		
<b>Parent's Email</b>		
<b>Address</b>		
<b>City</b>	<b>State</b>	<b>Zip</b>
<b>Phone</b>	<b>Alternate Phone</b>	
<b>Current School</b>	<b>Grade Level (Fall 2017)</b>	
<b>T-Shirt Size</b> YS   YM   YL   AS   AM   AL   AXL		
<b>Medical Insurance Provider</b>	<b>Policy Number</b>	
<b>Known Medical Conditions</b>		

### WAIVER

As the legal parent or guardian of the athlete listed I hereby give the staff of the 2017 Lady Bowmen Basketball Camp permission to act on my behalf if I can't be reached in any medical emergency. I understand that participation in this training could lead to any injury to any participant and will not hold the Sherwood School District, Sherwood High School or any of its coaches responsible for any injury. I understand that neither the school district nor the basketball program have medical insurance for individual participants and agree to provide my own insurance.

<b>Athlete's Name</b>
<b>Signature of parent or guardian</b>

**Please mail completed form and payment to:**

Wes Pappas - 14087 SW Walnut Creek Way, Tigard, OR 97223

Email: [wespappas@gmail.com](mailto:wespappas@gmail.com)

Please make checks payable to **Sherwood Girls Basketball**