

SHERWOOD VOLLEYBALL CAMP  
2017

AUGUST 1, 2, 3

5th-8th: 9-12

9th-12th: 1-4

## Medical Consent and Release of Liability Form

We, the undersigned parents or guardians, hereby grant permission for our daughter, \_\_\_\_\_ to participate in the Sherwood Volleyball Camp. In consideration of being permitted to use the facilities, I hereby release said Sherwood School and its trustees, administrators, and employees from any and all liability for any damage or injury that any participant or my daughter may receive while on the premises of said school, both as to any right of action that may accrue to myself, my heirs and personal representative. This release includes all claims, demands, rights, and causes of whatsoever kind of nature arising from, and by reason of, any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property and the consequences thereof, that hereafter may be sustained.

It is further understood and agreed that, I hereby authorize SHERWOOD VOLLEYBALL CAMP and its employees to secure the necessary services for my child in the event of an accident or illness. Further, I will be solely responsible for the payment of those services.

Parent/Guardian Signature:

\_\_\_\_\_

The Participant has liability insurance with:

\_\_\_\_\_

Policy #: \_\_\_\_\_

Family Doctor: \_\_\_\_\_

Dr. Phone #: \_\_\_\_\_

Date: \_\_\_\_\_

Does the player wear contacts? \_\_\_Yes \_\_\_No

Is the player allergic to bee stings? \_\_\_Yes  
\_\_\_No

List other allergies or pertinent physical

# SHERWOOD HIGH SCHOOL Volleyball Camp



with

Head Varsity Volleyball  
Coach Tiffany Zwick  
and the Sherwood Volleyball  
Coaching Staff

August 1-3, 2017

at

Sherwood High School

Two Camp Sessions  
5<sup>th</sup>-8<sup>th</sup> Grade 9am-Noon  
9<sup>th</sup>-12<sup>th</sup> Grade 1-4pm

conditions



2016 Varsity Volleyball Team

The Sherwood Varsity Volleyball team finished third in league last fall with an 11-5 league record and 14-9 overall record with a 13th finish in state. This was the first Sherwood team to make it to the 6A State Tournament. Eight girls will be returning to the 2017 team.

Camp Staff:

Head Varsity Coach: Tiffany Zwick  
Varsity Assistant: Heather Meeuwsen  
Freshman Coach: Jenette Brotnov

### Volleyball Camp Highlights:

This camp is for anyone (boys and girls) who would like to learn more about the game of volleyball. Whether you are new to the game or if you have a few years of experience you will learn fundamental volleyball skills in a fun atmosphere.

#### Sherwood Volleyball Camp – August 1-3, 2017

At the 5<sup>th</sup>-8<sup>th</sup> grade session, campers will learn the basics of serving, passing, setting, and hitting. More experienced will be given the opportunity to learn more advanced skills as well.

At the 9<sup>th</sup>-12<sup>th</sup> grade session, campers will be improving their volleyball skills as well as their conditioning to prepare for their high school team tryouts. Team concepts and strategies will also be a camp focus.

Camp Location:

Sherwood High School – GYM

#### To Register:

Fill out the registration form and have parent or guardian sign the release form and return it by mail with check for \$100 payable to:

#### **Sherwood Volleyball Camp**

Mail check, along with completed registration form and signed release form to:

**Sherwood High School**  
**Attn: Tiffany Zwick**  
**16956 SW Meinecke Rd**  
**Sherwood, Oregon 97140**

For more information:

**Email: [tiffanyzwick@gmail.com](mailto:tiffanyzwick@gmail.com)**  
**Call: Tiffany Zwick 971-570-9309**

### Sherwood High School Volleyball Camp Registration Form

Camper's Name: \_\_\_\_\_  
Parent's Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Contact Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Alt. Phone (in case of emergency): \_\_\_\_\_  
School: \_\_\_\_\_  
Grade (Fall 2017): \_\_\_\_\_  
DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
How did you hear about camp? \_\_\_\_\_

#### Sherwood Volleyball Camp – August 1-3, 2017

Check Session Attending:

\_\_\_\_\_ 3<sup>rd</sup>-8<sup>th</sup> Grade 9am-Noon

\_\_\_\_\_ 9<sup>th</sup>-12<sup>th</sup> Grade 1-4pm

Registration Fee: \$100

Adult T-Shirt Size: (circle size)

XS S M L XL

**RETURNED CHECK POLICY:** There will be a \$25 charge for all checks returned due to insufficient funds.

**All camps are to be PAID IN FULL at time of registration**