

MIDDLE SCHOOL CROSS COUNTRY



**6th, 7th & 8th Grades
SMS and LRMS combined team
(LRMS students will be transported to SMS)**

Starts August 20th 9-10 AM at SMS track

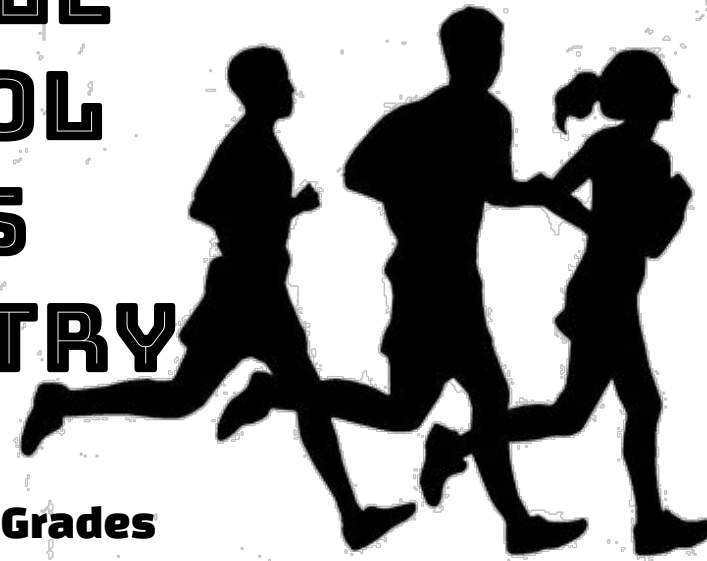
**Practices are Monday - Thursday 3:30 - 4:30
when school starts.**

**\$85 check made to SMS Track & Field at first
practice**

Everyone is welcome!

Sign up now at SHERWOODTRACK.COM

MIDDLE SCHOOL CROSS COUNTRY



**6th, 7th & 8th Grades
SMS and LRMS combined team
(LRMS students will be transported to SMS)**

Starts August 20th 9-10 AM at SMS track

**Practices are Monday - Thursday 3:30 - 4:30
when school starts.**

**\$85 check made to SMS Track & Field at first
practice**

Everyone is welcome!

Sign up now at SHERWOODTRACK.COM

