

# ADVANCED BASKETBALL CLASS

GRADES 2-5 | MONDAYS, OCTOBER 1–DECEMBER 10 | 2:20-3:20



This class is designed to get kids ready for basketball season by improving skills and providing a great amount of scrimmage time for those **students with previous basketball experience**. Students enrolling in the ADVANCED BASKETBALL CLASS should already have these skills:

- Be able to dribble the ball for at least 30 consecutive seconds while moving
- Be able to shoot a ball up to a 10-foot regulation hoop
- Have some experience with games and/or scrimmages.

Drills will encompass eye-hand coordination, footwork, shooting, passing and teamwork. Students will gain skills, coordination and confidence.

This session will be coached by Darrin Halley, Personal Trainer, Performance Enhancement Specialist and experienced basketball coach.

[Register online at:](#)

[sports.bluesombrero.com/hardcorefitness](https://sports.bluesombrero.com/hardcorefitness)

Questions: [hardcorefitness.llc@gmail.com](mailto:hardcorefitness.llc@gmail.com) Max: 22 kids

Earlybird registration  
by 9/24: \$100



Registration after  
9/24: \$110

