

Winter 2018

Middleton Elementary After School Class

ATHLETIC GAMES CLASS

GRADES 2-5 | MONDAYS, JANUARY 22–MARCH 19 | 2:20-3:20

NO CLASS 2/19



Are **RECESS** and **P.E.** your favorite parts of school? If so, **THIS CLASS IS FOR YOU!**

We will focus on team-based games that are known recess traditions, while learning teamwork, improving coordination and having tons of fun!

These games and activities will include many variations of **Kickball, Capture the Flag, Ultimate Ball, Dodge Ball, Tag** and many others.

This session will be coached by Darrin Halley, Personal Trainer and Performance Enhancement Specialist.

All skill levels welcomed!

Questions: hardcorefitness.llc@gmail.com

Cost: \$100

Register online at:

<http://sports.bluesombrero.com/hardcorefitness>

