

ADVANCED BASKETBALL CLASS

GRADES 2-5 | MONDAYS, SEPTEMBER 25–NOVEMBER 13 | 2:20-3:20



This class is designed to get kids ready for basketball season by improving skills and providing a great amount of scrimmage time for those **students with previous basketball experience**. Students enrolling in the ADVANCED BASKETBALL CLASS **should already have these skills:**

- Be able to dribble the ball for at least 30 consecutive seconds while moving
- Be able to shoot a ball up to a 10-foot regulation hoop
- Have some experience with games and/or scrimmages.

Drills will encompass eye-hand coordination, footwork, shooting, passing and teamwork.

This session will be coached by Darrin Halley, Personal Trainer, Performance Enhancement Specialist and experienced basketball coach.

Cost: \$95

[Register online at:](#)

sports.bluesombrero.com/hardcorefitness

Questions: hardcorefitness.llc@gmail.com

