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Middleton

AFTER SCHOOL PROGRAM

SPRING 2017

Thursday April 6th to May 18th

\$30 for 6 weeks

Sign up and enjoy this introduction to the basics of this Olympic sport!

Master Michael Tornincasa returns to provide a fun and educational class to help instill Self-Confidence, Focus, Respect, Self Esteem, and Discipline!

BUILD:
Self Confidence
Focus
Respect
Self Esteem
Discipline
Self Defense Skills



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